

10KM Women's Results

1	Carter	Heather	Female	45.55
2	Rousseau	Shilo	Female	47.27
3	Stewart	Jodie	Female	48.30
4	Lothrop	Tahneal	Female	49.13
5	Walsh	Linda	Female	50.35
6	Coulter	Shelby	Female	50.58
7	Boutin	Jocelyne	Female	53.13
8	Eddy	Sarah	Female	53.28
9	Maltby	Lisa	Female	57.06
9	Scott	Miranda	Female	59.40
10	Besner	Madeleine	Female	1.04.30
11	Runge	Tiffany	Female	1.23.39

10K Men's Results

1	Brash	Nicholas	Male	41.38
2	Peters	Nick	Male	43.46
3	Schaffer	Matt	Male	45.51
4	Baldock	Joe	Male	46.22
5	Staples	Chris	Male	47.4
6	Walsh	Jim	Male	48.3
7	Watson	Mike	Male	51.58
8	Jones	Michael	Male	1.01.50
9	Belair	Mike	Male	1.02.53

5K Women's Results

1	Greve	Anastasia	Female	22.35
2	Lang	Meggie	Female	24.43
3	Kucharczyk	Nicky	Female	25.47
4	Good	Kaitlyn	Female	25.5
5	MacKay	Cheryl	Female	25.52
6	Gebhart	Daniela	Female	26.02
7	Hovarth	Ildiko	Female	26.04
8	Burrows	Laurie	Female	26.06
9	Demidovich	Misha	Female	26.35
10	Pandzic	Mandy	Female	26.46
11	Buckner	Dani	Female	26.53
12	Weir	Michelle	Female	27.05
13	Reaume	Sally	Female	27.07
14	Cutler	Hilary	Female	27.21
15	Orto	Jody	Female	27.35
16	Humalamaki	Teija	Female	28.21
17	McLaughlin	Jennifer	Female	29.07
18	Campbell	Hayley	Female	29.5
19	Trudeau	Amanda	Female	30.04
20	Braido	Kerri	Female	30.18
21	McLeod	Jennifer	Female	30.19
22	Guerriero	Tricia	Female	30.31
23	Ableson	Anita	Female	30.41
24	Rutland	Tianna	Female	30.42
25	Wardlaw	Stacey	Female	30.48
26	Diluzio	Jana	Female	31.02
27	bailey	laura	Female	31.04
28	Purificati	Adrienne	Female	31.05

29	Towell	Amanda	Female	31.22
30	Cooper	Avery	Female	31.27
31	Foote	Jenn	Female	31.27
32	Cameron	Donna	Female	31.3
33	Schaffer	Riley	Female	31.38
34	Fairburn	Hannah	Female	31.4
35	Brisson	Susan	Female	31.53
36	Bruni	Krista	Female	31.54
37	Miron	Jennifer	Female	31.55
38	Giunti	Amanda	Female	31.59
39	Withers	Holly	Female	31.59
40	Lachapelle	Dominique	Female	32.38
41	Pyykonen	Nicole	Female	32.55
42	Sawatzky	Nicole	Female	33.31
43	Hamor	Megan	Female	33.46
44	Morley	Taryn	Female	34.04
45	Krysa	Maria	Female	34.12
46	Williams	Judy	Female	34.16
47	Traves	Connie	Female	34.44
48	Scali	Alyssa	Female	34.46
49	Ingram	Danae	Female	34.48
50	Hanchuk	Sara	Female	34.52
51	Presgrave	Rileigh	Female	35.44
52	Turco	Kailey	Female	35.48
53	VanOyen	Nancy	Female	35.49
54	Galinis	Ruth	Female	36.06
55	Blanchard	Carla	Female	36.15
56	Lucio	Carol	Female	36.2
57	Sewell	Cherie	Female	36.25

58	Cassalman	Christa	Female	37.25
59	Trepasso	Melinda	Female	37.26
60	Kent	Ellie	Female	37.39
61	Kent	Sara	Female	37.39
62	Murphy	Rebecca	Female	37.47
63	Ford	Carrie	Female	37.59
64	Madill	Kim	Female	38.46
65	Rajala-Barrette	Korri	Female	38.49
66	Raycroft	Jennifer	Female	39.1
67	Kozack	Jaimee	Female	39.15
68	Koskela	Robin	Female	39.41
69	Filek	morgan	Female	40.25
70	Barber	Trish	Female	41.05
71	Marinich	Mallory	Female	41.09
72	Lemieux	Peggy	Female	41.14
73	LeClair	Kimberly	Female	41.4
74	Besner	Janet	Female	41.53
75	McKay	Kristy	Female	42.07
76	Fetherston	Steph	Female	42.16
77	Malone	Katie	Female	42.16
78	Wardell	Talia	Female	43.04
79	Bugyra	Kaylee	Female	43.04
80	Lillie	Anneli	Female	43.39
81	Buchanan	Tammy	Female	44.45
82	Allen	Amber	Female	44.48
83	Hodgson	Becky	Female	45.13
84	See	Judith	Female	45.17
85	Bibeau	Sarah	Female	45.35
86	Blais	Sarah	Female	45.35

87	Trotter	Carol	Female	45.59
88	Imre	Beata	Female	46.55
89	Filek	Kelli	Female	47.06
90	Doan	Rhonda	Female	47.08
91	Ivic	Elsie	Female	47.09
92	Watson	Melissa	Female	47.09
93	Trudel-Houslander	Kerilyn	Female	48.07
94	Cipriano	Marion	Female	48.3
95	Posteraro	Jenalee	Female	49.38
96	Arturo	Whitney	Female	49.38
97	Freamon	Jennifer	Female	49.41
98	Bangma	Lauren	Female	50.15
99	Brock	Tammy	Female	51.16
100	Printess	Karen	Female	51.16
101	Pearson	Michelle	Female	51.43
102	Gardner	Haley	Female	52.3
103	Printess	Lorrie	Female	52.35
104	Gardner	Kim	Female	52.35
105	Daynard	Brittany	Female	53.52
106	ditommaso	Krysten	Female	55.51
107	Greenwood	Melanie	Female	56.01
108	MacKay	Stacey	Female	56.45
109	Guzzo	Julia	Female	57.49
110	Guzzo	Diana	Female	59.29
111	Walker	Robin	Female	1.04.01
112	Banks	Gisele	Female	1.07.38
113	Groulx	Nathalie	Female	1.07.38
114	Eddy	Elizabeth	Female	1.07.38
115	Paci	Sarah	Female	DNF

116	Seguin	Susan	Female	DNF
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5K Men's Results

1	Reinke	Jonathan	Male	19.34
2	Wilcox	Zach	Male	19.5
3	Reinke	Jordan	Male	19.59
4	Denneny	Brian	Male	21.1
5	Montgomery	Austin	Male	21.21
6	Ford	Nolan	Male	22.05
7	Wardell	Harley	Male	24.04
8	Luck	Jeffrey	Male	24.11
9	Bernt	Detlef	Male	24.13
10	Nolin	Jonathan	Male	24.18
11	Miskiw	Ron	Male	24.37
12	Cutler	Bradley	Male	24.57
13	Romani	Matt	Male	25.55
14	Pink	Erni	Male	26.2
15	Post	Piper	Male	26.42
16	Pine	Gavin	Male	27.31
17	Paparo	Anthony	Male	28.19
18	Williams	Jordan	Male	28.39
19	McLaughlin	David	Male	29.09
20	Read	Brian	Male	29.17
21	Eder	Joe	Male	30.12
22	Seeber	Joe	Male	30.16
23	Jobst	Nick	Male	30.44
24	Gratton	Marc	Male	30.49
25	Grawbarger	Reagan	Male	30.49

26	Murray	Greg	Male	30.49
27	VanOyen	George	Male	31.01
28	Cooper	Chris	Male	31.06
29	Ford	Wayne	Male	32.09
30	Onishenko	Elena	Male	32.25
31	Paradis	Denis	Male	32.26
32	Stadnisky	Jamie	Male	32.27
33	Rowlinson	Jim	Male	32.28
34	Memegos	Steve	Male	33.34
35	Mudge	Nathan	Male	34.4
36	Mudge	Alexander	Male	34.4
37	Woolsey	Ashe	Male	36.1
38	Ford	Raymond	Male	36.14
39	Edwards	Brent	Male	37.36
40	Lamarche	Pierre	Male	38.49
41	Grawbarger	Caden	Male	39.07
42	Van Hoof	Jesse	Male	40.29
43	Burt	Graeme	Male	41.09
44	McLeod	Ryan	Male	49.34
45	Gandra	Gilberto	Male	1.09.30